

Fact bite #51



Environmental Health

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Environmental health considers the external factors influencing human health. These include air, water, soil, food, or chemical exposures.

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According to the *World Health Organization*, approximately one in four deaths are linked to environmental conditions. Key contributors include air pollution and poor water quality, but also exposure to harmful chemicals.

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Some packaging materials may release harmful chemicals (e.g. bisphenols, phthalates, PFAS, etc.) into food, adding to chemical exposures for humans.

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Children and vulnerable groups are affected the most. Long-term exposure can lead to chronic diseases and other non-communicable diseases. A sustainable environment promotes a healthy population.

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